



**CANADA SNOWBOARD  
PAN-CANADIAN POLICY  
HELMET POLICY**

**POLICY STATEMENT: To protect athletes, officials, volunteers, and judges through the use of wearing helmets during trainings and competitions sanctioned by Canada Snowboard**

<b>Policy Category:</b>	Programs – Events – High Performance
<b>Approval Authority:</b>	Sport & High Performance, Director Sport System Development, Director
<b>Approval Date:</b>	<b>20 July 2022</b>
<b>Next Review Date:</b>	Every two years

***This Policy has been prepared by Canada Snowboard and is a Pan-Canadian Policy applicable to Canada Snowboard and its PTSAs. This document cannot be modified by a PTSA without consultation and approval from Canada Snowboard.***

**Purpose**

1. To ensure all athletes, coaches, officials, volunteers and judges wear certified, non-damaged helmets during sanctioned trainings and competitions on snow.

**Scope and Application**

2. All athletes, coaches, officials, volunteers and judges (hereafter referred to as participants).
3. The responsibility to correctly wear a certified, non-damaged helmet during sanctioned training activities or competitions rest with the participants.
4. The accountability of athletes wearing certified, non-damaged helmet during sanctioned training activities or competitions rest with the coach.
5. The accountability of officials, volunteers and judges wearing certified, non-damaged helmets during sanctioned training activities or competitions rest with the FIS Technical Delegate and/or the highest certified official.

**Policy Details**

6. It is mandatory for all participants to wear a properly fitting, certified, non-damaged helmet for snow sports.
7. To be covered for liability insurance and to ensure the highest level of safety all participants must wear certified helmets inside training and competition areas (inside the field of play).
8. Exceptions:



- a. Start and Finish Areas during competitions:
    - i. All participants are expected to wear a helmet in those areas, unless a Provincial/Territory or SnowSports Resort policy and/or law says something different
  - b. Judges Towers (without scaffolding) during competitions:
    - i. All participants in the judge's towers are expected to wear a helmet unless a Provincial/Territory or SnowSports Resort policy and/or law says something different
  - c. Judges Towers (with scaffolding) during competitions:
    - i. All participants in the judge's towers are expected to wear a helmet unless a Provincial/Territory or SnowSports Resort policy and/or law says something different
    - ii. All participants will need to wear a properly fitting, certified helmet in order to enter or exit the judge's towers
  - d. Areas designated by the Technical Delegate or highest certified Official
    - i. All participants in the judge's towers are expected to wear a helmet unless a Provincial/Territory or SnowSports Resort policy and/or law says something different
9. There are a number of popular helmet brands and models that are either not certified, or not certified specifically for snow sports. Please refer to the manufacturer's website to verify and confirm if the helmet you're using or looking to purchase is Certified for Snow Sports. In competitions, Technical Delegates and/or Highest Certified Official will be checking for certification to make sure you're wearing a certified helmet.
10. The accepted certification standard codes for snow sports helmets are:
- a. Helmet model to be certified under EN 1077 (class B) or ASTM 2040 as minimum standards
    - i. Soft ear padding is allowed
    - ii. Crash helmets fulfilling higher safety standards can be used This includes:
      1. EN 1077 (class A), SNELL 98 and all helmets fulfilling the specific standards described above such as CEN 1385
11. If your helmet does not have certification, it's not covered. If you are unsure, please contact the manufacturer or refer to their website.
12. Crash Helmets:
- a. Ski and Snowboard helmets are designed for a single-impact. Any helmet that sustains a considerable impact should be replaced. Any crack or break in the surface of the helmet reduces its ability to absorb an impact and minimize injuries.

The use of crash helmets is compulsory for all snowboard events. Helmets used in Snowboard events shall be specifically designed and manufactured for the respective disciplines and shall bear a CE mark and confirm to recognized and appropriate standards such as CEE 1077 or US 2040, ASTM