



Helmet Policy

To: All Members, Clubs and Coaches

Canada~Snowboard would like to communicate our approach to enforce snowboard helmet safety for all athletes, coaches and members. Helmet use is not federally regulated, however Canada~Snowboard recommends that anyone participating in snowboarding wear a properly fitting, certified helmet for snow sports. In addition, this is mandatory for all members, athletes and coaches of Canada~Snowboard. The increase in available options for helmets can make it confusing to know what is covered and what isn't. ***Helmets only work if they are worn consistently and correctly!***

To be covered for liability insurance and to ensure the highest level of safety all participants must wear certified helmets during training and competitions. There are a number of popular helmet brands and models that are either not certified, or not certified specifically for snow sports. Please refer to the manufacturer's website to verify and confirm if the helmet you're using or looking to purchase is **Certified for Snow Sports**. In competitions, event organizers will be checking for certification so make sure you're wearing a certified helmet! The accepted certification standard codes for snow sports helmets are: Central European Norm: CEN 1077, American Society of Testing Materials: ASTM F2040, or US 2040, Snell RS-98. If your helmet doesn't have this certification, it's not covered. If you are unsure, please contact the manufacturer or refer to their website.

Ski and Snowboard helmets are designed for a single-impact. Any helmet that sustains a considerable impact should be replaced. Any crack or break in the surface of the helmet reduces its ability to absorb an impact and minimize injuries. The good news is that most helmet manufactures offer an exchange policy so if you need to replace your helmet, they'll give you a good discount on a new one if you send in the one being replaced. Check with the individual manufacturer on their exchange policy.

The responsibility is on the athlete and especially the coach to ensure all your riders are wearing certified, non-damaged helmets. If you have any questions, feel free to give us a shout.

Brendan Matthews,
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Canada~Snowboard